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WHAT'S IN MY BAG?

Filled to the brim!
Abigail Spencer, 33, lets
Us sift through her stuff

I was the girl in middle school who carried all of her books because I *might* have the chance to study," the actress tells *Us*. Flash forward 20 years, and the star of *Rectify* (SundanceTV, premieres July 9, 10 P.M.) still uses a backpack — only now it's crammed with travel essentials. "Sometimes, I'm on planes two to three times a week!" The mom of Roman, 6 (with ex Andrew Pruet), briefs *Us* on her Tumi knapsack.

SAVING FACE

"I carry this EMK Placental Anti-Aging mask for when I fly. It's totally sheer so nobody knows that you're wearing it. I've noticed a huge difference."

SOUND STATEMENT

"My ears are really small, so I wear Friends over-the-ear headphones. They look so cool. I'll put them around my neck and they look like a necklace!"

ARRIVAL REVIVAL

"Saje's Travel Safe Kit has really helped me. It's an aromatherapy set that has

healing ointment, an eye mask and digestive oil. It's so compact, which is great since I live out of my bag."

DENTAL WORK

"I don't know what's happened to me, but I've become a public flosser. I'll break out Gum Soft-Picks at any moment."

FEEL THE FORCE

"I always have something of my son's with me, like Pokémon cards or one of his Lego figurines. I might be carrying around Obi-Wan Kenobi!"



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